

RIDE OR WALK TO SCHOOL PROGRAM



The Ride or Walk to School program is designed to help support schools to increase active travel within their community.

Aligned to the Australian Curriculum, the program provides strategies for schools to build awareness of and participation in active travel.

A daily routine of riding or walking to school helps to establish important regular physical activity behaviours. It also contributes to children's self confidence, sense of independence and their ability to concentrate in class!

WHAT YOUR SCHOOL RECEIVES FOR FREE

- Tailored digital walking and riding map showing safe routes and part-way drop-off points
- Access to free Safe Cycle TQI Accredited teacher professional learning
- Access to the Australian Curriculum aligned - Safe Cycle education resource which includes lesson plans for years K-2, 3-4 and 5-6
- Risk assessment and permission slip templates and associated resources for student activities
- Access to book loan bikes, scooters and helmets to run the Safe Cycle program
- Marketing material to promote active travel at your school
- Support from a dedicated program manager to assist with program engagement

WHAT YOUR SCHOOL WILL NEED TO DO

- Identify a Ride or Walk to School Coordinator
- Prepare an Active Travel Plan - we can provide a template with ideas!
- Promote the TQI Accredited Safe Cycle professional learning to teachers
- Have at least one teacher complete the TQI Accredited Safe Cycle professional learning
- Deliver the Safe Cycle curriculum to students
- Promote active travel events throughout the year
- Distribute information to families about active travel, its benefits and opportunities to get involved
- Complete an annual student (year 6) and teacher survey for evaluation purposes